



# 5

GUILTY PLEASURE

## COUGAR GONE WILD

At 39, Liz Earls was an overweight single mother whose favorite thing about her job was the affair she was having with her boss. So she decided to change everything before hitting 40: She lost 75 pounds, got plastic surgery, and started having lots of sex. Soon she began taking salacious pictures of her encounters, which are collected in her book, *Days of the Cougar* (Taschen, \$40). Be forewarned: It's not for the faint of heart.