



10 Valley Magazine

DIARY FOR THE DIGITAL AGE

A new diary offers so much promise—plenty of fresh pages to jot down ideas and to record one's hopes and dreams. Oh, but facing all those blank pages can be so intimidating. For many of us, a diary remains unused because, ironically, there's nothing that makes us more self-conscious than writing about ourselves. The beauty of "*Simple Diary*" is that it offers a no-pressure style of journaling that transforms the task into an engaging personal challenge. Designed by artist and author Philipp Keel (known for the "All About Me" series), the diary includes thought prompters, multiple choice and open-ended questions and illustrations to encourage a diarist to reveal his or her true essence. Published by Taschen, "*Simple Diary*" is available in six colors and retails for \$15.