



ALISON JACKSON
sofa supper

The photographer who turned doppelgänger into an art form prefers spicy food – but not if she has to cook it herself. 'I don't like the mess.' She maintains a healthy regime consisting of fresh fruit and ginger tea for breakfast, and takeaway seafood for dinner, although she struggles to keep it up when on set. 'You eat all the wrong things, but I make up for it when I'm not on rigorous shoot days.' After work, she likes to pick up oysters or langoustines from Bibendum on the way home to her house in Chelsea. Her new book *Confidential* (Taschen, £19.50) is out now.

Who would join you on the sofa? My boyfriend, but if not, some girlfriends.
What's on the menu? Anything from Lidgate butchers. They do the most fabulous lamb and mint pie, and wonderful cheeses such as brie and vacherin – easy and delicious.
Pudding? Chocolate soufflé – the Nigella recipe. I'd get my boyfriend to do it.
And to drink? I only drink white wine so a Chablis, Montrachet or champagne. Always French.
What's on the box? Any film with Nicolas Cage. I don't watch TV, I find it rather dull.